



### 3 CRANES CHALLENGE: FULL 3 DAY EVENT

POS	First Name	Last Name	Gender	Race No	Leg 1	Leg 2	Leg 3	Total
1	MATTHEW	HENSHALL	M1	59	02:40:41,05	03:35:34,43	02:26:37,97	08:42:53,45
2	KWENZA	NGUBANE	M2	191	02:54:52,66	03:51:37,72	02:30:58,26	09:17:28,64
3	LEAH	SLOMAN	F1	231	03:06:35,53	03:51:13,73	02:29:31,53	09:27:20,79
4	RUTH	COZIEN	F2	241	03:02:07,76	03:56:20,77	02:31:02,76	09:29:31,29
5	KATE	BIRKETT	F3	248	03:17:29,46	03:48:33,52	02:39:12,56	09:45:15,54
6	THULANI	ZONDI	M3	75	03:05:39,74	04:14:25,02	02:36:59,64	09:57:04,40
7	GLEN	MORGAN	M4	190	03:22:26,83	04:04:37,83	02:36:30,32	10:03:34,98
8	CHANTEL	NIENABER	F4	230	03:16:00,62	04:09:15,48	02:40:57,57	10:06:13,67
9	ROCHELLE	GREEN	F5	219	03:30:45,54	04:19:02,23	02:39:12,56	10:29:00,33
10	SUE	CHAPMAN	F6	164	03:30:20,38	04:28:22,04	02:50:34,20	10:49:16,62
11	STEVEN	GOSSMAN	M5	161	03:43:45,82	04:32:03,74	02:58:41,54	11:14:31,10
12	SARAH	DANCER	F7	88	03:39:22,70	04:37:25,53	03:13:24,26	11:30:12,49
13	ERNIE	WEYERS	M6	66	03:45:26,67	04:53:39,49	02:53:44,17	11:32:50,33
14	GARION	KRAUSS	M7	61	03:37:39,61	04:57:48,94	03:01:41,51	11:37:10,06
15	TYRONE	PULLEN	M8	225	03:28:25,78	05:00:49,00	03:08:30,65	11:37:45,43
16	APIWE	GAGA	F8	175	03:53:34,64	04:42:57,82	03:08:57,79	11:45:30,25
17	TRACY	ZUNCKEL	F9	244	03:47:12,54	04:48:30,06	03:11:14,96	11:46:57,56
18	DOROTHY	FOURIE	F10	186	04:00:57,04	04:48:27,38	03:13:38,80	12:03:03,22
19	SIMONE	BARRETT	F11	206	03:40:24,18	05:13:55,50	03:08:44,36	12:03:04,04
20	WELILE	MDUNGE	F12	249	04:03:47,00	04:46:57,45	03:21:01,03	12:11:45,48
21	NONHLANHLA	DLAMINI	F13	63	04:04:43,36	04:39:56,24	03:29:25,06	12:14:04,66
22	DANIEL	DE KRETZER	M9	228	04:06:12,94	05:01:26,52	03:08:42,10	12:16:21,56
23	BEN	SAMWELL	M10	224	04:09:59,55	05:02:50,28	03:06:13,87	12:19:03,70
24	NIC	SNYMAN	M11	213	04:05:11,34	05:04:53,50	03:13:27,93	12:23:32,77
25	TRAVIS	WARWICK-OLIVER	M12	165	04:11:14,32	05:16:16,51	03:08:38,49	12:36:09,32
26	JO	KEPPLER	F14	103	04:11:14,01	05:17:17,39	03:08:37,76	12:37:09,16
27	TAMI	VAN HEERDEN	F15	172	04:27:00,58	05:14:43,45	03:10:16,60	12:52:00,63
28	STEVEN	VAN DER MERWE	M13	69	04:25:22,90	05:24:48,71	03:11:00,56	13:01:12,17
29	ADRIAN	VAN DE VYVER	M14	162	04:17:50,83	05:13:05,94	03:30:20,03	13:01:16,80
30	SUE	BROMFIELD	F16	137	04:17:51,06	05:13:05,68	03:30:21,69	13:01:18,43
31	DAVID	FRANCIS	M15	55	04:05:32,34	05:19:52,09	03:41:21,79	13:06:46,22
32	JAMES	NELSON	M16	50	04:16:40,75	05:24:47,61	03:30:34,50	13:12:02,86
33	MINKE	FRANCIS	F17	62	04:18:11,44	05:22:07,50	03:32:40,66	13:12:59,60
34	JANINE	HANGER	F18	250	04:26:04,93	05:30:53,95	03:30:55,52	13:27:54,40
35	KELSEY	HANGER	M17	36	04:26:06,40	05:30:53,45	03:30:57,02	13:27:56,87
36	MORGAN	NAICKER	M18	207	04:28:28,22	05:37:57,07	03:29:20,43	13:35:45,72
37	DIANE	HOPE	F19	227	04:25:22,24	04:58:41,43	04:14:31,14	13:38:34,81
38	MICHAEL	PRETORIUS	M19	229	04:11:01,88	05:32:31,12	04:00:01,20	13:43:34,20
39	TRAVIS	HAWKINS	M20	240	05:10:30,93	05:25:48,25	03:11:09,87	13:47:29,05
40	RAY	DAVIDSON	M21	84	04:30:48,53	05:33:27,84	03:44:03,74	13:48:20,11
41	NORMAN	ABRAHAM	M22	41	04:39:56,36	05:17:44,89	03:54:46,88	13:52:28,13
42	WARRICK	BUTLER	M23	112	04:43:57,91	05:17:48,65	03:57:00,29	13:58:46,85
43	KEN	WATT	M24	210	04:20:17,11	05:53:18,47	03:54:02,60	14:07:38,18
44	HILTON	SCHIPHOLT	M25	21	04:40:03,74	05:46:47,69	03:49:26,05	14:16:17,48
45	GORDON	MCTAVISH	M26	226	04:38:38,58	05:51:23,67	03:54:02,33	14:24:04,58
46	ASHLEY	COOK	M27	208	04:39:40,36	06:03:25,65	03:48:05,77	14:31:11,78
47	ANGELA	FARR	F20	28	04:39:40,26	06:05:25,19	03:48:05,26	14:33:10,71
48	NICHOLAS	MYCROFT	M28	220	05:10:30,36	05:24:47,83	04:00:02,19	14:35:20,38
49	CHAD	SHERING	M29	223	05:10:31,49	05:25:47,39	04:00:01,80	14:36:20,68
50	MANIE	KOTZE	M30	125	04:41:16,82	06:04:54,88	03:51:32,58	14:37:44,28
51	QONDISA	NGWENYA	M31	64	04:49:23,04	05:43:44,73	04:14:33,10	14:47:40,87
52	OWEN	MUTETWA	M32	111	04:39:56,71	06:31:40,90	03:45:57,91	14:57:35,52
53	MARK	JANSEN VAN RENSBURG	M33	198	05:04:21,97	05:58:42,10	04:14:32,16	15:17:36,23
54	ANNE	LYALL	F21	188	05:04:21,49	05:58:43,26	04:14:31,81	15:17:36,56
55	CARSTEN	FRISCHMUTH	M34	11	05:05:33,86	06:18:20,30	04:00:36,21	15:24:30,37
56	KEVIN	MILL	M35	97	05:03:41,51	06:17:46,98	04:04:48,73	15:26:17,22
57	CHANA-LEE	PRESTON	F22	180	05:03:42,02	06:17:46,78	04:04:54,51	15:26:23,31
58	PETER	KISBEY-GREEN	M36	20	05:16:49,75	06:20:57,19	03:48:57,87	15:26:44,81
59	ANDRE	JONKER	M37	235	05:31:37,06	06:00:20,95	04:21:11,51	15:53:09,52
60	STEFAN	ULLAND	M38	68	05:10:04,55	06:31:09,34	04:15:31,51	15:56:45,40
61	GARY	HENWOOD-FOX	M39	130	05:15:10,49	06:28:49,57	04:15:12,88	15:59:12,94
62	BARBS	NEAL	F23	115	05:41:59,10	06:32:40,52	03:45:58,33	16:00:37,95
63	NSIZWA	DLAMINI	M40	203	05:17:18,73	06:40:21,19	04:11:36,09	16:09:16,01
64	SAMANTHA	PIPER	F24	189	05:20:11,48	06:35:53,11	04:15:55,19	16:11:59,78
65	LISA	TEEPE	F25	54	05:19:47,49	06:39:20,69	04:15:56,12	16:15:04,30

66	JOANNE	GIBB	F26	14	05:38:51,76	06:20:35,52	04:21:28,57	<b>16:20:55,85</b>
67	KYLE	DICKSON	M41	10	05:32:32,55	06:26:07,44	04:34:36,12	<b>16:33:16,11</b>
68	ANDREW	MASON	M42	170	05:32:31,62	06:26:10,23	04:34:36,72	<b>16:33:18,57</b>
69	SEAN	SNEYD	M43	176	05:32:32,09	06:26:09,43	04:34:37,33	<b>16:33:18,85</b>
70	NIKOLA	RAMSDEN	F27	216	05:07:48,21	06:41:21,22	04:50:33,14	<b>16:39:42,57</b>
71	KATHERINE	MEYER	F28	173	05:20:10,91	06:35:53,43	04:45:58,62	<b>16:42:02,96</b>
72	LIONEL	SMITH	M44	123	05:28:40,91	06:59:11,91	04:36:10,88	<b>17:04:03,70</b>
73	KIRSTEN	MEYER	F29	149	05:40:56,98	06:33:02,43	04:50:24,55	<b>17:04:23,96</b>
74	DEON	MEYER	M45	150	05:40:57,95	06:33:02,86	04:50:24,14	<b>17:04:24,95</b>
75	SUNE	LE ROUX	F30	98	05:29:44,46	06:48:45,20	04:46:12,04	<b>17:04:41,70</b>
76	RYAN	THOMPSON	M46	174	05:24:50,77	06:49:32,21	04:50:41,47	<b>17:05:04,45</b>
77	WIMPIE	LE ROUX	M47	6	05:33:11,81	06:47:42,17	04:46:11,55	<b>17:07:05,53</b>
78	TREVOR	SMYTHE	M48	37	05:49:38,15	06:55:41,82	04:22:22,04	<b>17:07:42,01</b>
79	WARREN	LESTER	M49	166	05:41:59,76	07:34:19,53	03:55:53,20	<b>17:12:12,49</b>
80	ADRI	ALBERTYN	F31	43	06:01:00,22	06:46:21,88	04:27:00,96	<b>17:14:23,06</b>
81	JOCELYN	ATTWELL	F32	243	06:03:42,35	06:41:24,38	04:50:32,33	<b>17:35:39,06</b>
82	KIM	PEACOCK	F33	53	06:03:43,44	06:41:23,20	04:50:32,70	<b>17:35:39,34</b>
83	AMANDA	SAMWELL	F34	238	05:57:15,02	07:08:39,57	05:03:02,06	<b>18:08:56,65</b>
84	CARMEN	TISSANG	F35	217	06:28:06,18	08:19:41,03	05:47:05,17	<b>20:34:52,38</b>
85	COLLEEN	WILLIS	F36	47	07:03:23,54	08:19:41,68	05:56:17,78	<b>21:19:23,00</b>

### 3 CRANES CHALLENGE: 2 DAYS FINISHED

POS	First Name	Last Name	Gender	Race No	Leg 1	Leg 2	Leg 3	Total
	MARIAN	LOVEDAY	F15	57	04:13:50,21		03:46:19,57	<b>08:00:09,78</b>
	MICHELLE	WOHLBERG	F23	242	04:43:57,47		03:56:59,84	<b>08:40:57,31</b>
	HARALD	ZUMPT	M55	107	06:33:41,17		05:59:03,21	<b>12:32:44,38</b>
	MICHELLE	ZUMPT	F43	202	06:33:41,62		05:59:05,11	<b>12:32:46,73</b>
	ASHLEIGH	ROBERTSON	F45	234	07:03:25,93		06:32:45,11	<b>13:36:11,04</b>
	DANIEL	BERMAN	M6	48	03:34:59,59	04:57:39,22		<b>08:32:38,81</b>
	WALLIS	WATT	F21	209	04:39:14,40	05:51:34,28		<b>10:30:48,68</b>
	JOANNA	MAINGARD	F24	102	04:47:01,13	05:58:06,19		<b>10:45:07,32</b>
	WERNER	STUCKY	M34	143	05:04:47,49	06:17:50,77		<b>11:22:38,26</b>
	GAVIN	WIGGILL	M44	236	05:23:41,76	06:00:20,95		<b>11:24:02,71</b>
	SARAH	SWAINSON	F40	204	06:03:42,87	06:42:22,69		<b>12:46:05,56</b>
	KYLIE	GRIFFIN	F36	38	05:43:00,42	07:34:18,62		<b>13:17:19,04</b>
	RICHARD	WALLIS	M56	67	07:13:30,77	07:51:23,83		<b>15:04:54,60</b>
	SUZANNE	HOLDEN	F46	169	07:07:03,24	08:28:06,66		<b>15:35:09,90</b>
	MICHAEL	REYNOLDS	M58	168	08:11:07,81	08:17:47,55		<b>16:28:55,36</b>

### 3 CRANES CHALLENGE: 1 DAY FINISHED

POS	First Name	Last Name	Gender	Race No	Leg 1	Leg 2	Leg 3	Total
	JEAN-PIERRE	LABUSCHAGNE	M57	108	07:44:19,99			<b>07:44:19,99</b>
	SUZELLE	ENGELS	F47	99	07:44:20,84			<b>07:44:20,84</b>
	MIKE	HENSHALL	M10	178	04:04:50,66			<b>04:04:50,66</b>
	DUNCAN	GOOSEN	M	70		04:17:07,49		<b>04:17:07,49</b>
	ROWAN	DANCER	M	126		04:38:35,22		<b>04:38:35,22</b>
	SUSAN	MACHPESH	F	182			02:32:20,31	<b>02:32:20,31</b>
	TIM	COXON	M	76			03:01:57,64	<b>03:01:57,64</b>
	KAY	WALSH	F27	52	05:05:53,61			<b>05:05:53,61</b>
	BRENNAN	WALSH	M36	171	05:07:53,98			<b>05:07:53,98</b>

### 3 CRANES CHALLENGE: 25 Km Final Results

POS	First Name	Last Name	Gender	Race No	Time
1	ABBY	SOLMS	F1	72	<b>02:31:04,87</b>
2	JONO	LE ROUX	M1	142	<b>02:39:09,77</b>
3	CHRISTY	RICHARDS	F2	145	<b>02:39:56,45</b>
4	MICHAEL	HIND	M2	131	<b>02:57:26,62</b>
5	ANDREW	INGLES	M3	205	<b>03:03:07,68</b>
6	KIM	JOHNSTON	F3	141	<b>03:08:22,15</b>
7	ZOE	RYAN	F4	194	<b>03:12:35,86</b>
8	JENNA	VON MOLLENDORFF	F5	193	<b>03:14:51,38</b>
9	ANDREW	MORPHEW	M4	177	<b>03:15:46,47</b>
10	HEINRICH	ODENDAAL	M5	144	<b>03:15:47,06</b>
11	DAVID	WOOD	M6	49	<b>03:15:56,35</b>
12	STEPHEN	VON MOLLENDORFF	M7	195	<b>03:24:06,59</b>
13	DAVID	BODDY	M8	119	<b>03:25:20,14</b>
14	MARILIZE	HARMSE	F6	127	<b>03:29:03,10</b>

15	WERNER	HARMSE	M9	129	03:29:03,28
16	BYRON	UGLIJANIN	M10	148	03:34:50,14
17	CHANTALL	VAN DER MERWE	F7	163	03:37:19,45
18	MARIAN	LOVEDAY	F8	57	03:39:27,42
19	CHRIS	PAPPAS	M11	160	03:43:26,00
20	CLAIRE	SCHIPHOLT	F9	100	03:53:47,46
21	ASHLEY	HOLTZHUIZEN	M12	139	03:56:00,01
22	MICHELLE	WOHLBERG	F10	242	03:59:48,91
23	ANNEMI	KOTZE	F11	239	04:04:15,10
24	DEBBIE	TALMAGE	F12	247	04:12:27,68
25	JILLIAN	MAGRATH	F13	146	04:12:28,30
26	CAROLINE	WOOLLAM	F14	218	04:12:30,19
27	GILL	BURE	F15	122	04:12:33,01
28	KATHERINE	JACKSON	F16	73	04:15:26,38
29	SARAH-JANE	JANSEN VAN RENSBURG	F17	199	04:27:37,14
30	COLIN	BOYES	M13	121	04:29:56,94
31	LAUREN	BOOTH	F18	120	04:29:57,23
32	NATALIE	YOUNG	F19	140	04:35:04,60
33	JUANITA	UGLIJANIN	F20	159	04:38:22,61
34	IAIN	BUCHAN	M14	211	04:54:37,31
35	HARALD	ZUMPT	M15	107	05:08:20,87
36	MICHELLE	ZUMPT	F21	202	05:08:24,49
37	JEAN-PIERRE	LABUSCHAGNE	M16	108	06:26:47,44
38	SUZELLE	ENGELS	F22	99	06:26:47,93
39	ASHLEIGH	ROBERTSON	F23	234	07:07:48,53
40	NICOLYNNE	VAN DER WALT	F24	157	07:07:48,85
41	TRACI	MANN	F25	156	07:07:49,35
SW	ALISON	ENGELBRECHT	F	117	08:15:00,00
SW	HEIDI	OLIVIER	F	179	08:15:00,00

### 3 CRANES CHALLENGE: 5 Km Final Results

POS	First Name	Last Name	Gender	Race No	Time
1	JUDA	ROFF	M	#####	00:26:06,50
2	MARK	CONWAY	M	135	00:26:50,37
3	STUART	BEACH	M	5	00:28:58,97
4	NADIA	EDWARDS	F	4	00:29:44,90
5	ANT	WARREN	M	8	00:30:43,66
6	LEO	KEPPLER	M	44	00:33:17,95
7	ANT	FROST	M	12	00:33:18,61
8	AVA	FROST	F	19	00:36:11,86
9	DAVE	KEPPLER	M	211	00:36:14,26
10	CHRISTO	DIPPENAAR	M	144	00:37:13,86
11	BRADLEY	GIBBONS	M	109	00:38:05,55
12	MURRAY	LOUW	M	142	00:40:50,34
13	CHELAINÉ	MAREE	F	146	00:40:51,04
14	MATTHEW	ROBBINS	M	9	00:41:04,50
15	JESSICA	CONWAY	F	134	00:41:33,88
16	CAMERON	CROWE	M	2	00:41:43,93
17	THEA	DE GRUCHY	F	233	00:43:04,55
18	ELLA	PITCHFORD	F	13	00:44:36,80
19	TOM	PITCHFORD	M	18	00:44:37,10
20	CATH	CONWAY	F	133	00:44:40,09
21	ROXANNE	BECKER	F	163	00:45:04,43
22	BEN	STRYDOM	M	1	00:45:07,65
23	KEEGAN	RITCHIE	M	171	00:45:57,92
24	RILEY	RITCHIE	M	139	00:45:58,64
25	HAYLEE	BRUIGOM	F	17	00:47:07,56
26	INA	DIPPENAAR	F	141	00:47:38,88
27	SHELDON	CONWAY	M	132	00:49:16,45
28	KERRY	FLETCHER	F	106	00:58:58,31
29	TRACY	GOEDHALS	F	110	00:58:59,20
30	ALEX	ROBERTSON	M	114	01:09:57,49
31	AMY	ROBERTSON	F	116	01:11:22,68
32	ANNE	REYNOLDS	F	167	01:11:39,92
33	SUZANNE	HOLDEN	F	72	01:15:01,32
34	KAI	MEYER	M	29	01:18:01,54
35	LEXI	BRUSS	F	199	01:18:04,43
36	ISLA	MEYER	F	30	01:29:45,78
37	THEO	MEYER	M	35	01:29:51,18
38	CIENNA	MEYER	F	31	01:29:51,60
39	REBECCA	MACPESH	F	45	01:29:56,51